



LAURENCE H. STONE, D.D.S.
FAMILY & COSMETIC DENTISTRY
For the smiles of your life.

PATIENT POST-OP INSTRUCTIONS FOR OFFICE CHAIRSIDE TOOTH WHITENER

- If you are a smoker, do not smoke for 48 hours.
- Stay away from highly colored foods (red sauce, blueberries, etc.) and beverages (coffee, tea, etc.) for 48 hours.
- Mild sensitivity to hot or cold liquids may occur. This usually passes within 1-2 days. If sensitivity is severe or persists, contact our office.
- If you experience gum sensitivity do not brush the afflicted area while brushing your teeth.
- Immediate whitening results can be quite dramatic due to minor dehydration of your teeth. It is normal for the color to tone down somewhat after treatment when your teeth rehydrate to a natural white tone.
- Long-term results vary from patient to patient. This can depend on the original shade of your teeth and include habits such as smoking or drinking colored beverages (red wine, coffee, tea, etc.).
- "Touch-up" treatments may be needed every 6-12 months to retain color.
- Ask us about different "touch-up" options.
- Existing fillings, crowns, bonding, etc. will not whiten. Therefore, these may need to be changed in order to match your new smile.
- If your family or friends notice your new smile, let them know that we can help whiten their smile too!

Any concerns or questions, do not hesitate to contact us at:

Office: 215-230-7667

Dr. Stone Cell: 267-261-1906

Dr. Stone Home: 215-598-8142

311 Hyde Park | Route 202 & Mechanicsville Road | Doylestown, PA 18902
(215) 230-7667 | FAX: (215) 230-9210
help@DrLarryStone.com | www. DrLarryStone.com