



LAURENCE H. STONE, D.D.S.

COSMETIC & GENERAL DENTISTRY

For the smiles of your life.

POST-OPERATIVE IMPLANT INSTRUCTIONS

No spitting, rinsing, drinking through a straw, sucking on mints, candy, etc. for the first 24 hours (these all cause suction in the mouth which promotes bleeding).

Smoking inhibits healing and can affect the final results of treatment. Please refrain from smoking as much as possible!

Apply an ice bag or cold compress to the outside of your face over the operated area. Keep the face cool, not frozen, through the first 24 hours. This will help keep the swelling and discoloration to a minimum.

Eat soft foods and avoid all chewing in the operated area until you return to the office for the post-operative visit. Do not drink hot beverages or attempt to eat anything until the anesthesia has worn off.

After 24 hours you may rinse gently with warm salt water or any mouthwash of your choice.

Follow your normal home care program in all areas except those involved in surgery. **Do not use an electric toothbrush for six weeks after the surgery.**

The packing (if used) may come loose prior to your post-operative visit. Remove loose pieces and continue to avoid the area. Gentle brushing can be performed where the packing has come off, this will help healing.

Take medication as recommended or prescribed. Call the office should you have any questions or concerns.

In the event of an emergency please call the office and your concerns will be addressed as soon as possible.